



# SWEETLIFE™

- All natural Lo Han sweetener with no artificial ingredients
- 300 times as sweet as sugar with no unpleasant aftertaste
- Zero calories per serving
- Contains FOS for healthy gut flora\*
- Great for cooking and baking

Lo Han Kuo (or Guo) is an intensely sweet fruit that grows on a vine in China. It is a member of the Cucurbitaceae plant family, which includes the cucumber, melon, squash, and gourd. In China, Lo Han is commonly used as a beverage and a seasoning in traditional medicine and has actually been legally declared a “National Treasure”. Lo Han is 300 times as sweet as sugar!

Lo Han makes SweetLIFE a delicious replacement for sugar and other less desirable artificial products. SweetLIFE has no unpleasant aftertaste and has zero calories, zero fat and less than one gram of sugar (from low-glycemic fructose) per serving. SweetLIFE is perfect to use in beverages, cereals, meal replacement shakes, yogurt, and all of your favorite baking or cooking recipes! SweetLIFE also contains FOS

(Fructooligosaccharide), a non-digestible carbohydrate that acts as food for probiotics, especially Bifidobacteria. FOS helps support healthy gut flora and the good bacteria in the intestine.\*

SweetLIFE is a low-glycemic sweetener, which means that it does not significantly elevate insulin or blood glucose levels, promote fat-storage, increase hyperactivity, or stimulate food cravings. Being low-glycemic, it helps support healthy weight loss programs and is safe for diabetics, hypoglycemics, children and others.\*

SweetLIFE also does not contain saccharin, aspartame, stevia, silicon dioxide, or any other chemicals.

## Supplement Facts

Serving Size: 1 gram (1 scoop)  
Servings per container: 80

|                     | Amount Per Serving | % Daily Value |
|---------------------|--------------------|---------------|
| Calories            | 0                  |               |
| Total Fat           | 0 g                | 0%            |
| Sodium              | 0 mg               | 0%            |
| Total Carbohydrates | 1 g                | <1%           |
| Dietary Fiber       | <1 g               | <1%           |
| Sugar               | <1 g               | <1%           |
| Protein             | 3 g                | 6%            |

\*Percent Daily Values are based on a 2,000 calorie diet.

Not a significant source of calories from fat, cholesterol, vitamin A, vitamin C, calcium and iron.

Ingredients: Fructose, Lo Han (a fruit), Fructooligosaccharide (FOS) from chicory

**Suggested Use:** 1 gram (approx. 1/5 tsp.) equals zero calories. You may use to sweeten cereals, drinks, fruit, etc. according to taste.



SweetLIFE was formulated by Brenda Watson, C.N.C., president of ReNew Life Formulas and the founder of five natural healthcare clinics specializing in internal cleansing and detoxification.

\*This statement has not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.