



POWER CLEANSE™

Advanced Detoxification System for Athletes*

- Contains Vitamins, Minerals and Amino Acids
- Ideal for High-Protein Diets
- Natural Colon Cleansing Herbs*
- No Fillers or Binders

High-protein diets and supplements such as those used by athletes are often lacking the nutrients the body needs to absorb and eliminate harmful toxins. **Power Cleanse** was formulated to address these needs and more.*

- The 2-part formula includes natural ingredients used traditionally to help cleanse the bowels and support the natural detoxification processes of the liver and the whole body.*
- Advanced formulation with amino acids, vitamins, minerals and herbs to compliment the higher protein diets of most athletes.
- Power Cleanse is designed to be taken in harmony with your normal daily activity.

Power Cleanse Part 1

Supplement Facts

Serving Size: 2 Capsules Servings per Container: 30

	Amount per Serving	%DV**
Vitamin A (as vitamin A acetate)	2,500 IU	50%
Vitamin C (as ascorbic acid)	240 mg	400%
Vitamin E (as d-alpha tocopheryl succinate)	25 IU	83%
Riboflavin	20 mg	1,176%
Niacin (as inositol hexanicotinate)	20 mg	100%
Vitamin B6 (as pyridoxine HCl)	20 mg	1,000%
Folic acid	800 mcg	200%
Vitamin B12	100 mcg	1,666%
Zinc (as zinc citrate)	8 mg	53%
Selenium (as selenomethionine)	50 mcg	71%
Copper (as copper gluconate)	1 mg	50%
Manganese (as manganese aspartate)	8 mg	400%
Proprietary Herbal Blend	160 mg	
Garlic bulb 3,500 ppm alicin		***
Dandelion root 4:1†		***
Artichoke leaf 4:1†		***
Turmeric root 95% curcumin▲		***
Milk Thistle seed 80% silymarin▲		***
Choline (as choline bitartrate)	100 mg	***
L-Methionine	100 mg	***
L-Taurine	100 mg	***
NAC (N-Acetyl-Cysteine)	50 mg	***

** Percent Daily Values (DV) are based on a 2,000 calorie diet.

*** Daily Value not established

† Powdered Extract

▲ Standardized Powdered Extract

Other Ingredients: Vegetable capsule (vegetable fiber and water)

Directions: For the first 3 days, take 1 capsule in the morning. After 3 days, take 2 capsules in the morning.

WARNING: Do not use this product if you are pregnant or nursing. Consult your physician before using this or any product if you are trying to conceive, taking medication or have a medical condition.

Not for prolonged use. Do not exceed recommended dose.

Power Cleanse Part 2

Supplement Facts

Serving Size: 2 Capsules Servings per Container: 30

	Amount per Serving	%DV**
Magnesium (as magnesium hydroxide)	230 mg	58%
Proprietary Blend	850 mg	
Cape Aloe leaf		***
Rhubarb root		***
Slippery Elm bark		***
Marshmallow root		***
Fennel seed		***
Ginger root		***
Triphala (a blend of Amalaki, Bibhitaki and Haritaki)		***

** Percent Daily Values (DV) are based on a 2,000 calorie diet.

*** Daily Value not established

Other Ingredients: Vegetable capsule (vegetable fiber and water)

Directions: For the first 3 days, take 1 capsule in the evening. After 3 days, take 2 capsules in the evening.

WARNING: Do not use this product if you are pregnant or nursing. Consult your physician before using this or any product if you are trying to conceive, taking medication or have a medical condition. Not for prolonged use. Do not exceed recommended dose.

Notice: This product contains rhubarb and cape aloe. **DO NOT USE IF YOU HAVE OR DEVELOP DIARRHEA, LOOSE STOOLS OR ABDOMINAL PAIN.** Read and follow directions carefully.



Power Cleanse was formulated by Brenda Watson, C.N.C., president of ReNew Life Formulas and the founder of natural healthcare clinics specializing in internal cleansing and detoxification.

*This statement has not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.



198 Palm Harbor Blvd. (Alt. 19) South • Palm Harbor, FL 34683 • phone: 1-800-830-1800
 fax: 1-866-594-5468 • www.renewlife.com • email: support@renewlife.com