

ORGANIC TRIPLE FIBER™

The perfect daily fiber made with 100% organic ingredients to support overall health and regularity*



- 100% organic fiber from flax, oat bran & acacia
- Promotes regularity and relieves occasional constipation*
- Helps absorb and eliminate toxins in the digestive tract*
- Promotes healthy heart function and overall health*
- Psyllium-free to prevent gas, bloating & cramping

A high-fiber diet provides numerous health benefits for the whole body, but getting enough fiber through diet alone can be a challenge.

Organic Triple Fiber is a 100% organic fiber blend made with three key types of fiber to promote regularity and support overall health.*

Flax - provides antioxidant-rich lignans from plants that support total-body health*

Oat Bran - promotes cardiovascular health and helps lower cholesterol*

Acacia - supports regularity, better digestion and healthy weight management*

Organic Triple Fiber - Powder

Supplement Facts

Serving Size: 1 Scoop (approx. 11g) Servings per Container: About 30

	Amount per Serving	%DV**
Calories	40	
Calories from fat	9	
Total Fat	1 g	< 2%
Total Carbohydrate	5 g	2%
Dietary Fiber	4 g	16%
Soluble Fiber	1 g	***
Insoluble Fiber	3 g	***
Protein	3 g	6%
Proprietary OTF Blend	11,000 mg	
Organic Flaxseed		***
Organic Oat Bran		***
Organic Acacia Fiber		***

** Percent Daily Values (DV) are based on a 2,000 calorie diet.
*** Daily Value not established

Other Ingredients: None

Directions: Take one scoop in 8 ounces of water in the morning. May be repeated at midday and in the evening. **Drink plenty of water while using this product.**

WARNING: Consult your physician before using this or any product if you are pregnant, nursing, trying to conceive, taking medication or have a medical condition. **Notice:** This fiber blend should be consumed with a full glass of water or juice. Consuming this fiber product without enough liquid may cause choking. Do not consume this fiber supplement if you have difficulty swallowing, acute cough or obstructed bowel.

Organic Triple Fiber - Capsules

Supplement Facts

Serving Size: 5 Capsules Servings per Container: 30

	Amount per Serving	%DV**
Calories	10	
Calories from fat	1	
Total Fat	0.1 g	<1%
Total Carbohydrate	2 g	<1%
Dietary Fiber	2 g	8%
Soluble Fiber	0.6 g	***
Insoluble Fiber	1.4 g	***
Protein	0.4 g	<1%
Proprietary OTF Blend	2,500 mg	
Organic Flaxseed		***
Organic Oat Bran		***
Organic Acacia Fiber		***

** Percent Daily Values (DV) are based on a 2,000 calorie diet.
*** Daily Value not established

Other Ingredients: Vegetable capsule (vegetable fiber and water)

Directions: Take 5 capsules in the morning with water or juice. May be repeated at midday and in the evening. **Drink plenty of water while using this product.**

WARNING: Consult your physician before using this or any product if you are pregnant, nursing, trying to conceive, taking medication or have a medical condition. **Notice:** This fiber blend should be consumed with a full glass of water or juice. Consuming this product without enough liquid may cause choking. Do not consume this fiber supplement if you have difficulty swallowing, acute cough or obstructed bowel.



Organic Triple Fiber was formulated by Brenda Watson, C.N.C., president of ReNew Life Formulas and the founder of natural healthcare clinics specializing in internal cleansing and detoxification.



Powder



Caps

*This statement has not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

RENEW LIFE
The Digestive Care Company

198 Palm Harbor Blvd. (Alt. 19) South • Palm Harbor, FL 34683 • phone: 1-800-830-1800
fax: 1-866-594-5468 • www.renewlife.com • email: support@renewlife.com