

# ORGANIC BOWEL CLEANSE™



**Powerful colon cleanse formula with organic fiber blend to support detoxification and bowel regularity\***

- 100% organic flaxseed, oat bran and acacia fiber
- Non-cramping; no psyllium, senna or cascara sagrada
- Magnesium hydroxide to help maintain stool hydration\*
- Naturally hydrates the bowel\*
- Helps eliminate waste and toxins\*
- Soothing and lubricating, not gas-forming or dehydrating
- Contains antioxidant-rich lignans

Regular bowel elimination is essential for overall health. When the colon is functioning properly, unwanted toxins and waste are absorbed in the digestive tract and removed via bowel movements before they can build up and cause harm.

Organic Bowel Cleanse™ is a powerfully effective blend of 100% organic fiber and bowel-stimulating herbs formulated to help cleanse the colon and promote healthy bowel function.\* Added ingredients help strengthen and tone the colon muscles and support overall digestive health, and magnesium hydroxide helps hydrate the bowel and ease elimination.\* Unlike many psyllium-based cleansing formulas, Organic Bowel Cleanse provides powerful support without the discomfort of gas, bloating and cramping.\*

## Organic Bowel Cleanse - Powder

### Supplement Facts

Serving Size: 1 Scoop (12.5g) Servings per Container: About 30

	Amount per Serving	%DV**
Calories	45	
Calories from fat	9	
Total Fat	1 g	<2%
Total Carbohydrate	5.5 g	2%
Dietary Fiber	4 g	16%
Soluble Fiber	1 g	***
Insoluble Fiber	3 g	***
Protein	3 g	6%
Magnesium (from magnesium hydroxide)	120 mg	30%
<b>Proprietary OTF Blend:</b>	<b>10,710 mg</b>	
Organic Oat Bran	***	
Organic Flaxseed	***	
Organic Acacia Fiber	***	
FOS (fructooligosaccharide)	450 mg	***
Rhubarb root	500 mg	***
Cinnamon bark	250 mg	***
<b>Proprietary PhytoSorb™ Blend</b>	<b>100 mg</b>	
Organic Ginger root, Organic Fennel seed, Cellulase (750 CU), Papaya leaf, Organic Cayenne Pepper, Organic Coriander seed, Organic Cumin seed, Gentian root, Organic Black Pepper, Organic Peppermint leaf, and Organic Spearmint leaf	***	
Organic Marshmallow root	50 mg	***
Organic Slippery Elm bark	50 mg	***
Okra	25 mg	***

\*\* Percent Daily Values (DV) are based on a 2,000 calorie diet.  
\*\*\* Daily Value not established

Other Ingredients: None

**Directions:** Take 1 scoop in 8 ounces of water or juice in the morning. May be repeated in the evening. **Drink plenty of water while using this product.**  
**Note:** This organic fiber blend should be consumed with a full glass of water or juice. Consuming this fiber supplement without enough liquid may cause choking. Do not consume this fiber supplement if you have acute cough, acute diarrhea or difficulty swallowing.

**WARNING:** Consult your physician before using this or any product if you are trying to conceive, taking medication or have a medical condition. Not for prolonged use. **Notice:** This product contains rhubarb. Please read and follow instructions carefully.



Powder

6 31257 53544 3

## Organic Bowel Cleanse - Capsules

### Supplement Facts

Serving Size: 5 Capsules Servings per Container: 30

	Amount per Serving	%DV**
Calories	7	
Calories from fat	0	
Total Fat	0 g	
Total Carbohydrate	1.5 g	<1%
Dietary Fiber	1.5 g	6%
Soluble Fiber	0.2 g	***
Insoluble Fiber	1.3 g	***
Protein	0.15 g	<1%
Magnesium (from magnesium hydroxide)	200 mg	50%
<b>Proprietary OTF Blend:</b>	<b>1,350 mg</b>	
Organic Flaxseed	***	
Organic Oat bran	***	
Organic Acacia fiber	***	
Rhubarb root	450 mg	***
<b>Proprietary PhytoSorb™ Blend</b>	<b>100 mg</b>	
Organic Ginger root, Organic Fennel seed, Cellulase (1,500 CU), Papaya leaf, Organic Cayenne Pepper, Organic Coriander seed, Organic Cumin seed, Gentian root, Organic Black Pepper, Organic Peppermint leaf, and Organic Spearmint leaf	***	
Organic Marshmallow root	25 mg	***
Organic Slippery Elm bark	25 mg	***
Okra	25 mg	***

\*\* Percent Daily Values (DV) are based on a 2,000 calorie diet.  
\*\*\* Daily Value not established

Other Ingredients: Vegetable capsule (vegetable fiber and water)

**Directions:** Take 5 capsules in the morning. May be repeated in the evening. **Drink plenty of water while using this product.** Note: This organic fiber blend should be consumed with a full glass of water or juice. Consuming this fiber supplement without enough liquid may cause choking. Do not consume this fiber supplement if you have acute cough, acute diarrhea or obstructed bowel.

**WARNING:** Consult your physician before using this or any product if you are trying to conceive, taking medication or have a medical condition. Not for prolonged use. **Notice:** This product contains rhubarb. Please read and follow instructions carefully.



Caps

6 31257 53546 7



Organic Bowel Cleanse was formulated by Brenda Watson, C.N.C., president of ReNew Life Formulas and the founder of natural healthcare clinics specializing in internal cleansing and detoxification.

\*This statement has not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

**RENEW LIFE**  
The Digestive Care Company

198 Palm Harbor Blvd. (Alt. 19) South • Palm Harbor, FL 34683 • phone: 1-800-830-1800  
fax: 866-594-5468 • www.renewlife.com • email: support@renewlife.com