



# INTESTINAL BOWEL SOOTHER™

- Natural ingredients that support bowel health and soothing\*
- Unique Western herbal blend formula
- Proprietary Chinese herbal blend formula

Intestinal Bowel Soother™ is a unique combination of Western and Chinese herbs and nutraceuticals formulated to help maintain healthy intestine cells, relieve occasional gas and bloating, and soothe the intestines.\*

The Western herbs in Intestinal Bowel Soother support the health of the bowel by helping to maintain healthy bowel contractions, relieve gas and bloating and soothe the intestinal lining.\* These herbs include: slippery elm, chamomile, peppermint, skullcap, fennel seed, and cranberry.

The Chinese herbs in Intestinal Bowel Soother help to soothe, calm and support the health of

the bowel.\* These herbs include: ginger, Chinese licorice, magnolia, goldenthread, Job's tears, white peony and Korean ash.

MSM is added for its soothing benefits to the colon.\*

#### Diet and supplement suggestions:

- **A high-fiber diet can help promote regularity.\***
- **Probiotics help to maintain a healthy bacterial balance in the colon.\***
- **Enzyme supplements help maximize digestion.\***
- **L-glutamine and N-acetyl D-glucosamine are amino acids that help maintain a healthy intestinal lining.\***

## Supplement Facts

Serving Size: 2 Capsules  
Servings per container: 30

	Amount Per Serving	% DV
<b>Western Herbal Blend</b>		
Slippery Elm bark (Ulmus rubra)	200mg	*
German Chamomile flower (Matricaria recutita)	200mg	*
Fenugreek seed (Trigonella foenum-graecum)	100mg	*
Fennel Seed (Foeniculum vulgare)	100mg	*
Skullcap herb (Scutellaria lateriflora)	100mg	*
Cranberry fruit (Vaccinium macrocarpon pe**)	50mg	*
Peppermint leaf (Mentha piperita)	50mg	*
<b>Proprietary Chinese Herbal 12:1 Extract Blend 600mg</b>		
Atractylodes root - bai zhu		*
Capillary Artemisia herb - yin chen hao		*
Codonopsis root - dang shen		*
Job's Tears seed - yi yi ren		*
Schisandra fruit - wu wei zi		*
Agastache whole plant - huo xiang		*
Chinese Licorice root - zhi gan cao		*
Chinese Thoroughwax - chai hu		*
Ginger root - pao jiang		*
Korean Ash Branches bark - qin pi		*
Magnolia bark - hou po		*
Phellodendron bark - huang bai		*
Poria cocos root - fu ling		*
Psyllium seed - che qian zi		*
Chinese Goldthread - huang lian		*
Chinese White Peony root - bai shao		*
Costus root - mu xiang		*
Siler root - fang feng		*
Tangerine peel - chen pi		*
Angelica root - bai zhi		*
MSM (methylsulfonylmethane)	200mg	*

\* Daily Value not established

\*\* plant extract 25:1, 30% total acids

Other Ingredients: Vegetable capsule (vegetable fiber and water)

**Directions:** Take 2 capsules a day with 8 ounces of water or other fluid.



Intestinal Bowel Soother was formulated by Brenda Watson, C.N.C., president of ReNew Life Formulas and the founder of five natural healthcare clinics specializing in internal cleansing and detoxification.

\*This statement has not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

**RENEW LIFE**  
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