



TOTAL BODY RAPID CLEANSE™

A Complete 7-Day Deep Internal Cleanse*

- Simple, Fast & Effective
- Potent Natural Formula
- For Rapid Results
- 8 Grams Soluble Fiber Daily

Total Body RAPID Cleanse is a 7-day, deep-acting, total-body cleansing and metabolic jumpstart program.*

Part 1: Detoxify with Deep Liver and Organ Cleanse.* Each serving is loaded with potent herbal extracts, amino acids and Vitamin C to provide powerful antioxidant and deep-cleansing support.* The liver is the most important detoxification organ in the body, and Total Body RAPID Cleanse supports this critical organ with 4 amino acids and 6 herbal extracts.* 7 herbal extracts are included to support the rapid and deep detoxification of the lungs, lymphatic system, kidneys, skin and blood.*

Part 2: Capture with Natural Acacia Fiber. Total Body RAPID Cleanse includes 8 grams of soluble fiber to be taken each day while cleansing. For this 7-day, deep-cleansing experience, we have included 100% soluble fiber. Acacia dissolves completely when mixed with water and has no taste or gritty texture. Fiber is a critical component of colon cleansing, as well as organ detoxification and purification.*

Part 3: Eliminate with Colon Cleanse.* Total Body RAPID Cleanse is formulated with magnesium hydroxide, a mineral that hydrates the bowel, along with cape aloe and rhubarb to promote bowel contractions.* Triphala, marshmallow and slippery elm are soothing herbs included to comfort the bowel.*

RAPID Cleanse 1

Supplement Facts

Serving Size: 2 Capsules Servings per Container: 7

	Amount per Serving	%DV**
Vitamin C (as ascorbic acid)	300 mg	500%
Proprietary Blend:	500 mg	***
Betaine Hydrochloride, L-Glycine, L-Glutamine, L-Methionine, N-Acetyl-Cysteine		
Proprietary Herbal Extract Blend:	254 mg	***
Milk Thistle Extract 4:1 seed		
Burdock Extract 5:1 root		
Dandelion Extract 4:1 leaf		
Dandelion Extract 4:1 root		
Fenugreek Extract 4:1 seed		
Garlic Extract 100:1 bulb		
Mullein Extract 10:1 leaf		
Oat Extract 10:1 straw		
Oregon Extract 10:1 leaf		
Stinging Nettle Extract 5:1 leaf		
Turmeric Extract 4:1 root		
Bamboo Extract leaf (70% Silica)		
Natural Chlorophyll		

** Percent Daily Values (DV) are based on a 2,000 calorie diet.
*** Daily Value not established

Other Ingredients: Vegetable capsule (vegetable fiber and water)

Directions: Take 2 capsules in the morning on an empty stomach. Wait 30 minutes and take part 2. Follow this regimen day 1 through day 7 of this program. Please read accompanying literature.

WARNING: Do not use this product if you are pregnant or nursing. Consult your physician before using this or any product if you are trying to conceive, taking medication or have a medical condition. Not for prolonged use. Do not exceed recommended dose.

RAPID Cleanse 2

Supplement Facts

Serving Size: 1 Scoop (4.5 grams) Servings per Container: About 14

	Amount per Serving	%DV**
Calories	10	
Calories from fat	0	
Total Fat	0	
Total Carbohydrate	4 g	1.5%
Dietary Fiber	4 g	16%
Soluble Fiber	4 g	***
Protein	0 g	

** Percent Daily Values (DV) are based on a 2,000 calorie diet.
*** Daily Value not established

Other Ingredients: Acacia fiber

Directions: Take 1 level scoop mixed in 8 ounces of water in the morning and 1 level scoop mixed in 8 ounces of water in the evening. Follow with at least 8 additional ounces of water. Follow this regimen day 1 through day 7 of this program. May decrease to one scoop a day if elimination is sluggish. **Drink plenty of water while using this product.** Please read accompanying literature.

Notice: This fiber supplement should be consumed with a full glass of water or juice. Consuming this product without enough liquid may cause choking. Do not consume this fiber supplement if you have difficulty swallowing, acute cough or obstructed bowel.

RAPID Cleanse 3

Supplement Facts

Serving Size: 2 Capsules Servings per Container: 7

	Amount per Serving	%DV**
Magnesium (from magnesium hydroxide)	230 mg	58%
Proprietary Blend:	1,200 mg	***
Cape Aloe leaf, Rhubarb root, Marshmallow root, Slippery Elm bark and Triphala (a blend of Amalaki, Bibhitaki, and Haritaki)		

** Percent Daily Values (DV) are based on a 2,000 calorie diet.
*** Daily Value not established

Other Ingredients: Vegetable capsule (vegetable fiber and water)

Directions: Take 2 capsules at night with 8 ounces of water. Follow this regimen day 1 through day 7 of this program. Please read accompanying literature.

WARNING: Do not use this product if you are pregnant or nursing. Consult your physician before using this or any product if you are trying to conceive, taking medication or have a medical condition. Do not use if you have intestinal blockage. Not for prolonged use. Do not exceed recommended dose. **Notice:** This product contains rhubarb and cape aloe. **DO NOT USE IF YOU HAVE OR DEVELOP ABDOMINAL PAIN, DIARRHEA OR LOOSE STOOLS.** Read and follow directions carefully.



Total Body RAPID Cleanse was formulated by Brenda Watson, C.N.C., president of ReNew Life Formulas and the founder of natural healthcare clinics specializing in internal cleansing and detoxification.

*This statement has not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.



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