

BOWEL CLEANSE

Powerful Colon Cleanse Formula with Organic Fiber Blend to Support Detoxification & Bowel Regularity*

- 100% Organic Flaxseed, Oat Bran & Acacia Fiber
- Non-cramping; No Psyllium, Senna or Cascara Sagrada
- Magnesium Naturally Hydrates the Bowel*
- Helps Eliminate Waste & Toxins*
- Soothing & Lubricating, Not Gas-Forming or Dehydrating
- Contains Antioxidant-Rich Lignans



Regular bowel elimination is essential for overall health. When the colon is functioning properly, unwanted toxins and waste pass through the digestive tract and are removed via bowel movements before they can build up and cause harm.

Bowel Cleanse is a powerfully effective blend of 100% organic fiber and bowel-stimulating herbs formulated to help cleanse the colon and promote healthy bowel function.* Added ingredients help strengthen and tone the colon muscles and support overall digestive health, and magnesium hydroxide helps hydrate the bowel and ease elimination.* Unlike many psyllium-based cleansing formulas, Bowel Cleanse provides powerful support without the discomfort of gas, bloating and cramping.*

Bowel Cleanse - Powder

Supplement Facts		
Serving Size: 1 Scoop (12.5g)	Servings per Container: About 30	
	Amount per Serving	%DV**
Calories	45	
Calories from fat	9	
Total Fat	1 g	<2%
Total Carbohydrate	5.5 g	2%
Dietary Fiber	4 g	16%
Soluble Fiber	1 g	***
Insoluble Fiber	3 g	***
Protein	3 g	6%
Magnesium (from magnesium hydroxide)	120 mg	30%
Triple Fiber Blend:	10,710 mg	
Organic Oat Bran		***
Organic Flaxseed		***
Organic Acacia Fiber		***
Rhubarb root	500 mg	***
FOS (fructooligosaccharide)	450 mg	***
Cinnamon bark	250 mg	***
PhytoSorb Blend	100 mg	
Organic Ginger root, Organic Fennel seed, Cellulose (750 CU), Papaya leaf, Organic Cayenne Pepper, Organic Coriander seed, Organic Cumin seed, Gentian root, Organic Black Pepper, Organic Peppermint leaf, and Organic Spearmint leaf		***
Organic Marshmallow root	50 mg	***
Organic Slippery Elm bark	50 mg	***
Okra herb	25 mg	***

** Percent Daily Values (DV) are based on a 2,000 calorie diet.
*** Daily Value not established

Other Ingredients: None

Directions: Take 1 scoop in 8 ounces of water or juice in the morning. May be repeated in the evening. **Drink plenty of water while using this product.**

Notice: Using this supplement without at least a full glass of liquid may cause choking. Do not use this supplement if you have difficulty in swallowing, acute cough or obstructed bowel. May be taken for 30 consecutive days for a total colon cleanse.

WARNING: Consult your physician before using this or any product if you are trying to conceive, taking medication or have a medical condition. Not for prolonged use. **Notice:** This product contains rhubarb. Please read and follow instructions carefully.

Bowel Cleanse - Capsules

Supplement Facts		
Serving Size: 5 Capsules	Servings per Container: 30	
	Amount per Serving	%DV**
Calories	7	
Calories from fat	0	
Total Fat	0 g	
Total Carbohydrate	1.5 g	<1%
Dietary Fiber	1.5 g	6%
Soluble Fiber	0.2 g	***
Insoluble Fiber	1.3 g	***
Protein	0.15 g	<1%
Magnesium (from magnesium hydroxide)	200 mg	50%
Triple Fiber Blend:	1,350 mg	
Organic Oat bran		***
Organic Flaxseed		***
Organic Acacia fiber		***
Rhubarb root	450 mg	***
PhytoSorb Blend	100 mg	
Organic Ginger root, Organic Fennel seed, Cellulose (1,500 CU), Papaya leaf, Organic Cayenne Pepper, Organic Coriander seed, Organic Cumin seed, Gentian root, Organic Black Pepper, Organic Peppermint leaf, and Organic Spearmint leaf		***
Organic Marshmallow root	25 mg	***
Organic Slippery Elm bark	25 mg	***
Okra herb	25 mg	***

** Percent Daily Values (DV) are based on a 2,000 calorie diet.
*** Daily Value not established

Other Ingredients: Vegetable capsule (vegetable fiber and water)

Directions: Take 5 capsules in the morning. May be repeated in the evening. **Drink plenty of water while using this product.** **Notice:** Using this supplement without at least a full glass of liquid may cause choking. Do not use this supplement if you have difficulty in swallowing, acute cough or obstructed bowel. May be taken for 30 consecutive days for a total colon cleanse.

WARNING: Consult your physician before using this or any product if you are trying to conceive, taking medication or have a medical condition. Not for prolonged use. **Notice:** This product contains rhubarb. Please read and follow instructions carefully.



Powder



Caps



Bowel Cleanse was formulated by Brenda Watson, C.N.C., president of ReNew Life Formulas and the founder of natural healthcare clinics specializing in digestive care.

*This statement has not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

RENEW LIFE
The Digestive Care Company

198 Alt. 19 South • Palm Harbor, FL 34683-5540 • phone: 1-800-830-1800
fax: 866-594-5468 • www.renewlife.com • email: support@renewlife.com