# OILSMART™ OMEGA-3•6•9

## Advanced Total-Body Omega-3•6•9 Blend from Organic Cold-Pressed Flax, Cold-Pressed Borage & Purified Cold-Water Fish Oil

- Promotes Healthy Heart & Immune Function*
- Supports Healthy Skin, Joints & Mood*
- Lipase-Enhanced Digestion

PURITY GUARANTEED POTENCY

**What are Essential Fatty Acids?**
Essential Fatty Acids such as Omega-3 and Omega-6 are considered "essential" because they are needed by the body for optimum health, yet they cannot be manufactured within the human body and must be acquired through the diet.

Although not considered essential (as the body can produce limited amounts on its own), beneficial Omega-9 also plays a key role in supporting and maintaining optimum health.*

**Omega-3•6•9:**

- **Help soothe and lubricate the bowel, easing elimination***
- **Nourish active tissues such as the brain, heart, eyes and kidneys***
- **Support healthy immune function and nervous system function***
- **Help maintain circulatory health and healthy metabolism***
- **Support brain health and development***
- **Promote a positive mood***

**What is different about OilSMART?**
The typical diet is rich in some fats and low in other, healthier fats. OilSMART's unique ratio of beneficial fats can help balance the equation. OilSMART also contains the fat-digesting enzyme lipase. Other fish oils often cause a fishy "repeat" due to poor oil digestion. With OilSMART, lipase helps to break down the oils and make them easier for the body to absorb, in turn helping to ensure fewer fishy burps and less aftertaste and repeat.*

Available in 60, 90 or 180-ct.

## Supplement Facts

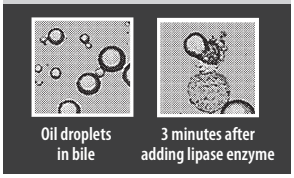
Serving Size: 3 Softgels

| | Amount per Serving | %DV** |
|---|---|---|
| Calories | 24 | |
| Calories from Fat | 24 | |
| Total Fat | 2.4 g | 3% |
| Saturated Fat | 0.5 g | 2% |
| *Trans* Fat | 0 g | *** |
| Vitamin E (as d-alpha tocopherol) | 30 IU | 100% |
| **Total Omega-3•6•9** | **2,070 mg** | |
| Total Omega-3 | 850 mg | |
| ALA (Alpha Linolenic Acid) | 530 mg | *** |
| EPA (Eicosapentaenoic Acid) | 180 mg | *** |
| DHA (Docosahexaenoic Acid) | 120 mg | *** |
| Other Omega-3s | 20 mg | *** |
| Total Omega-6 | 730 mg | |
| GLA (Gamma Linolenic Acid) | 200 mg | *** |
| Linoleic Acid | 510 mg | *** |
| Other Omega-6s | 20 mg | *** |
| Total Omega-9 | 490 mg | |
| Oleic Acid | 410 mg | *** |
| Other Omega-9s | 80 mg | *** |
| Lipase (activity 150 FIP) | 15 mg | *** |

** Percent Daily Values (DV) are based on a 2,000 calorie diet.
*** Daily Value not established Patent # US 6,228,367 B1

Ingredients: Certified organic cold-pressed flaxseed oil, cold-water fish oil, cold-pressed borage oil and lipase
Other Ingredients: Gelatin, glycerin, purified water, beeswax, lecithin and natural caramel color
**Directions:** Take three softgels daily with food, or as directed by your healthcare professional
**WARNING:** Consult your physician before using this or any product if you are pregnant, nursing, trying to conceive, taking medication or have a medical condition.

*Lipase* **Fat-splitting Enzyme**
Enhances the digestion and absorption of Omega-3 oils




From a study conducted at Colorado State University, these photographs show how lipase works.
1. Bile salts in your digestive system break down the oil droplets into smaller droplets.
2. Lipase, the fat-splitting enzyme, helps split these fat molecules into their components, removing fatty acids from their glycerol base, so they can be transported through the intestinal wall.

6 31257 44125 6
60 GELS

6 31257 73444 0
90 GELS

6 31257 46817 8
180 GELS

OilSMART was formulated by Brenda Watson, C.N.C., president of ReNew Life Formulas and the founder of natural healthcare clinics specializing in natural digestive care.

*This statement has not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

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