



MERC-Free CLEANSE™

Natural Ingredients Promote the Healthy Chelation of Mercury from the Body*

- 2-part formula
- Natural ingredients
- Supports the healthy removal of mercury from the body*
- Promotes healthy liver function and detoxification*
- Helps provide antioxidant and immune support*

What is Mercury?

Mercury is a heavy metal toxin that can accumulate deep within the body tissues. According to the U.S. Food and Drug Administration, “2,000 to 3,000 tons of mercury are released annually into the atmosphere by human activities, primarily from burning household and industrial waste, especially from fossil fuels such as coal.”

Many species of fish absorb mercury from the water supply, and some of those meet or exceed the FDA limit for human consumption (1 ppm) depending upon the amount of time spent in the food chain. Prolonged exposure to mercury may damage the body’s organs and organ systems, in particular the central nervous system and the endocrine (hormone) system.

MERC-Free Cleanse

MERC-Free Cleanse is a unique blend of herbs, vitamins, minerals and amino acids formulated specifically to promote the healthy chelation of mercury from the body.* (Chelation refers to

the binding of a substance with a heavy metal to assist with its removal from the body.) The two-part formula includes added ingredients to promote healthy liver detoxification and provide powerful antioxidant and immune support.*

MERC-Free Cleanse I Morning Formula

Supplement Facts		
Serving Size: 2 capsules	Servings per container: 30	
	Amount per Serving	%DV**
Calories	5	
Calories from fat	0	
Protein	1 g	2%
Vitamin C (as ascorbic acid)	120 mg	200%
Vitamin B-6 (as pyridoxine alpha ketoglutarate)	60 mg	3000%
Zinc (from zinc glycinate)	10 mg	67%
Selenium (from selenomethionine)	210 mcg	300%
Copper (from copper glycinate)	1 mg	50%
Molybdenum (from molybdenum glycinate)	100 mcg	133%
Proprietary Blend	950 mg	***
N-Acetyl-Cysteine (NAC), Glycine, L-Glutamine, L-Methionine, and L-Taurine		
Milk Thistle Seed Extract (80% silymarin)	150 mg	***
Alpha Lipoic Acid	100 mg	***
Methylsulfonylmethane (MSM)	100 mg	***
L-Glutathione (reduced)	25 mg	***

Other Ingredients: Vegetable capsules (vegetable fiber and water)

Directions: For the first 3 days take one capsule in the morning with food. After 3 days, take two capsules in the morning with food.

MERC-Free Cleanse II Evening Formula

Supplement Facts		
Serving Size: 2 capsules	Servings per container: 30	
	Amount per Serving	%DV**
Calories	5	
Calories from fat	0	
Total Carbohydrates	1.0 g	<1%
Sodium (from sodium bicarbonate/alginate)	80 mg	3%
Potassium (from potassium bicarbonate/citrate)	99 mg	3%
Proprietary Blend	1450 mg	***
Chlorella, Citrus Pectin, Sodium Alginate, Sodium Bicarbonate, Potassium Citrate, Potassium Bicarbonate, Turmeric Root Extract, Cilantro Leaf and Parsley Leaf		

** Percent Daily Values are based on a 2,000 calorie diet.

*** Daily Value not established

Other Ingredients: Vegetable capsules (vegetable fiber and water)

Directions: For the first 3 days take one capsule in the evening on an empty stomach. After 3 days, take two capsules in the evening on an empty stomach.

IMPORTANT: Mercury is a heavy metal that must be removed slowly from the body. Detoxifying mercury too quickly may result in adverse side effects that may be harmful to your health. To avoid adverse reactions while taking MERC-Free Cleanse, it is critical that you:

- Consume at least 35 grams of fiber daily.
- Take a daily high-potency probiotic supplement.
- Experience at least ONE daily bowel movement.
- Drink at least half your body weight in ounces of water daily.



MERC-Free Cleanse was formulated by Brenda Watson, C.N.C., president of ReNew Life Formulas and the founder of five natural healthcare clinics specializing in internal cleansing and detoxification.

*This statement has not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.