



LIVER DETOX™

Natural Liver Detoxification Support*

- 2-part, 30-day program
- Supports overall liver health*
- Assists with toxin elimination*
- No binders or fillers

What is the liver and how does it function?

The liver is the body's primary detoxification organ. It works by both filtering toxins directly and by altering toxins so that they can be removed at other stages of detoxification, and it filters toxins from one quart of blood every minute. After the liver processes these endotoxins (produced in the body), exotoxins (from outside the body) and other wastes, they are sent to the kidneys and colon for elimination. A properly functioning liver is vital to overall health.

What is Liver Detox?

Liver Detox is an easy-to-use, two-part cleansing and detoxification program formulated to simultaneously support, protect, stimulate and assist with the body's natural detoxification of the liver.

Part I is a unique blend of Western herbs, minerals, amino acids and antioxidants that support healthy liver detoxification.*

Part II contains Eastern Ayurvedic herbs traditionally used to increase bile flow and further aid in liver detoxification.*

Liver Detox includes:

Milk Thistle - an herb used traditionally to support normal detoxification functions of the liver.* The strong antioxidant activity of the main ingredient in milk thistle (silymarin) helps promote healthy liver function and to protect healthy liver cells.*

L-Methionine - an amino acid that the liver uses to create glutathione.* Glutathione is powerful amino acid made by the liver, which acts as an antioxidant and detoxifying compound.* Supplementing with L-methionine can help raise glutathione levels.*

N-Acetyl-Cysteine (NAC) - the liver also uses NAC to create glutathione. Supplementing with NAC can help raise glutathione levels and thus support the natural detoxification functions of the liver.*

Alpha Lipoic Acid - an antioxidant that helps revitalize glutathione and supports detoxification.

Selenium - an essential trace mineral that enhances the antioxidant power of zinc and vitamins to allow them to function better in their natural detoxification roles.*

Ayurvedic Herbs - used to promote the natural detoxification capabilities of the liver.* Among the most commonly used herbs are Boerhavia Diffusa, Eclipta Alba, Terminalia Belerica, Tinospora Cordifolia, and Picrorhiza Kurroa.

Dandelion - an herb used traditionally to stimulate bile production and promote healthy liver detoxification.*

What can I do to keep my liver healthy?

Life style changes such as drinking plenty of water, eating a healthy diet of fruits, vegetables and lean protein (preferably organic) and regular exercise can help support healthier liver detoxification.*

Liver Detox 1

Morning Formula

Supplement Facts		
Serving Size: 2 Capsules Servings per Container: 30		
	Amount per Serving	%DV**
Selenium (L-selenomethionine)	100 mcg	143%
Milk Thistle seed [▼] (80% Silymarin)	250 mg	***
Phosphatidylcholine (Soy Lecithin)	15 mg	***
Dandelion root ^{▼▼} (4:1 extract)	100 mg	***
L-Methionine	100 mg	***
L-Taurine	100 mg	***
NAC (N-Acetyl-Cysteine)	100 mg	***
Alpha Lipoic Acid	50 mg	***
Artichoke leaf ^{▼▼} (4:1 extract 2% Cynarin)	50 mg	***
Green Tea leaf [▼]	50 mg	***
Turmeric root [▼] (95% Curcumin)	50 mg	***

** Percent Daily Values (DV) are based on a 2,000 calorie diet.
 *** Daily Value not established
 ▼ Standardized Powdered Extract
 ▼▼ Powdered Extract

Other Ingredients: Vegetable capsule (vegetable fiber and water)

This product contains an ingredients derived from soy.

Directions: For the first 3 days, take 1 capsule each day in the morning on an empty stomach. After 3 days, take 2 capsules each day in the morning on an empty stomach.

This product contains an ingredient derived from soy. Please read accompanying literature.

WARNING: Do not use this product if you are pregnant or nursing. Consult your physician before using this or any product if you are trying to conceive, taking medication or have a medical condition.

Liver Detox 2

Evening Formula

Supplement Facts		
Serving Size: 2 Capsules Servings per Container: 30		
	Amount per Serving	%DV**
Belleric Myrobalan fruit	200 mg	***
Boerhavia Diffusa root and herb [▼]	200 mg	***
Eclipta Alba root and herb [▼] (2% Waldelactones)	200 mg	***
Tinospora Cordifolia stem	200 mg	***
Andrographis Paniculata [▼] (10% Andrographolides)	100 mg	***
Picrorhiza Kurroa root	100 mg	***

** Percent Daily Values (DV) are based on a 2,000 calorie diet.
 *** Daily Value not established
 ▼ Standardized Powdered Extract

Other Ingredients: Vegetable capsule (vegetable fiber and water)

Directions: For the first 3 days, take 1 capsule each day in the evening on an empty stomach. After 3 days, take 2 capsules each day in the evening on an empty stomach. Please read accompanying literature.

WARNING: Do not use this product if you are pregnant or nursing. Consult your physician before using this or any product if you are trying to conceive, taking medication or have a medical condition.

Not for prolonged use.



Liver Detox was formulated by Brenda Watson, C.N.C., president of ReNew Life Formulas and the founder of natural healthcare clinics specializing in internal cleansing and detoxification.

*This statement has not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.