

FISHSMART™ ULTRA



- Enteric-coated
- Certified free of mercury and PCBs
- Ultra-concentrated 30% EPA, 20% DHA
- Contains lipase to help prevent fishy aftertaste
- Molecularly distilled
- Peppermint taste

FishSMART™ Ultra is a concentrated fish oil supplement containing 300mg of EPA and 200mg of DHA in each capsule. Research has shown that these 2 essential fatty acids found in fish oil, help to:

- Nourish the brain, eyes, heart and kidneys*
- Promote a positive mood and feelings of well-being*
- Support learning and mental development in children*
- Support healthy brain and nerve development during pregnancy and nursing*

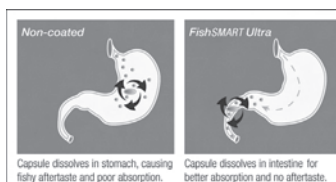
Each capsule of FishSMART Ultra contains the same amount of fish oil as a 2.5-ounce serving of salmon. The oils in FishSMART Ultra are sourced from sardines, anchovies and mackerel. All of our oils are tested and certified free of mercury and PCBs before they are placed in capsules.

FishSMART Ultra contains Ultragest, a combination of peppermint oil and lipase. Peppermint oil is added to help soothe the digestive system.* Lipase is an enzyme used by the body to break down fats and oils. The addition of lipase makes the fish oils more easily absorbed by the body.* Lipase also helps to prevent the fishy aftertaste that many people experience when supplementing with fish oil.



FishSMART Ultra was formulated by Brenda Watson, C.N.C., president of ReNew Life Formulas and the founder of five natural healthcare clinics specializing in internal cleansing and detoxification.

Each 1-gram capsule of FishSMART Ultra provides 300mg EPA and 200mg DHA!



Each capsule of FishSMART Ultra is enteric-coated to ensure the delivery of the fish oils to the intestines, where they are absorbed. The enteric coating further eliminates fishy aftertaste.

Supplement Facts

Serving Size: 1 to 3 Capsules
Servings per container: 30 to 90

Amount/Serving	1 cap	3 caps	% DV
Calories	11	33	
Calories from Fat	9	27	
Total Fat	1.0g	3.0g	5%
Saturated Fat	0.1g	0.3g	<2%
Polyunsaturated Fat	.75g	2.25g	**
Monounsaturated Fat	.15g	.45g	**
Omega-3 Fatty Acids			
Eicosapentaenoic Acid [EPA]	300mg	900mg	**
Docosahexaenoic Acid [DHA]	200mg	600mg	**
Other Omega 3-6-9	150mg	450mg	**
Peppermint Oil	22mg	66mg	**
Lipase	15mg	45mg	**

* Percent Daily Values are based on a 2,000 calorie diet for 3 capsules.

** Daily Value not established

Ingredients: cold-water fish oil, natural peppermint oil and lipase

Other Ingredients: beeswax, lecithin, silica, gelatin, glycerin, purified water, natural caramel color and enteric coating

Directions: Take 1 FishSMART Ultra daily with water. To maximize your intake of omega-3 oils, take up to 3 softgel capsules daily (individually or all at one time).

*This statement has not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.