

ORGANIC TRIPLE FIBER

The Perfect Daily Fiber Made with 100% Organic Fiber to Support Overall Health & Regularity.*

- 100% Organic Fiber From Flax, Oat Bran & Acacia
- Promotes Regularity & Relieves Occasional Constipation*
- Helps Absorb & Eliminate Toxins in the Digestive Tract*
- Promotes Healthy Heart Function & Overall Health*
- Psyllium-Free to Prevent Gas, Bloating & Cramping



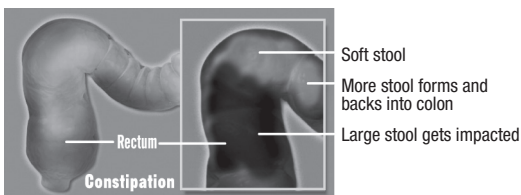
A high-fiber diet provides numerous health benefits for the whole body, but getting enough fiber through diet alone can be a challenge.

Organic Triple Fiber is a blend of 100% organic fiber, made with three key types of fiber to promote regularity and support overall health.*

Flax - provides antioxidant-rich lignans from plants that support total-body health and regularity*

Oat Bran - promotes cardiovascular health and helps lower cholesterol*

Acacia - supports digestion, healthy weight management and toxin removal*



Organic Triple Fiber - Powder

Supplement Facts

Serving Size: 1 Scoop (approx. 11g) Servings per Container: About 30

	Amount per Serving	%DV**
Calories	40	
Calories from fat	9	
Total Fat	1 g	< 2%
Total Carbohydrate	5 g	2%
Dietary Fiber	4 g	16%
Soluble Fiber	1 g	***
Insoluble Fiber	3 g	***
Protein	3 g	6%
Organic Fiber Blend	11,000 mg	
Organic Flaxseed		***
Organic Oat Bran		***
Organic Acacia Fiber		***

** Percent Daily Values (DV) are based on a 2,000 calorie diet.
*** Daily Value not established

Other Ingredients: None

Directions: Take one scoop in 8 ounces of water in the morning. May be repeated at midday and in the evening. **Drink plenty of water while using this product.**

WARNING: Consult your physician before using this or any product if you are pregnant, nursing, trying to conceive, taking medication or have a medical condition. **Notice:** Using this supplement without at least a full glass of liquid may cause choking. Do not use this supplement if you have difficulty in swallowing, acute cough or obstructed bowel.



Powder

Triple Fiber - Capsules

Supplement Facts

Serving Size: 5 Capsules Servings per Container: 30

	Amount per Serving	%DV**
Calories	10	
Calories from fat	1	
Total Fat	0.1 g	<1%
Total Carbohydrate	2 g	<1%
Dietary Fiber	2 g	8%
Soluble Fiber	0.6 g	***
Insoluble Fiber	1.4 g	***
Protein	0.4 g	<1%
Organic Fiber Blend	2,500 mg	
Organic Flaxseed		***
Organic Oat Bran		***
Organic Acacia Fiber		***

** Percent Daily Values (DV) are based on a 2,000 calorie diet.
*** Daily Value not established

Other Ingredients: Vegetable capsule (vegetable starch and water)

Directions: Take 5 capsules in the morning with water or juice. May be repeated at midday and in the evening. **Drink plenty of water while using this product.**

WARNING: Consult your physician before using this or any product if you are pregnant, nursing, trying to conceive, taking medication or have a medical condition. **Notice:** Using this supplement without at least a full glass of liquid may cause choking. Do not use this supplement if you have difficulty in swallowing, acute cough or obstructed bowel.



Caps



Organic Triple Fiber was formulated by Brenda Watson, C.N.C., president of ReNew Life Formulas and the founder of natural healthcare clinics specializing in digestive care.

*This statement has not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.



198 Alt. 19 South • Palm Harbor, FL 34683-5540 • phone: 1-800-830-1800
fax: 1-866-594-5468 • www.renewlife.com • email: support@renewlife.com