

FIBERSMART

Advanced Daily Fiber Formula with Added Ingredients for Healthy Bowel Function*

- 100% Organic Flax Fiber with Probiotics, FOS & L-Glutamine
- Specially Formulated for Sensitive Colons
- Helps Relieve Occasional Irritable Bowel*
- Helps Relieve Occasional Gas & Bloating*
- Promotes Bowel Regularity*
- Psyllium-Free to Help Prevent Gas, Bloating & Cramping



FiberSMART is a convenient daily fiber supplement made with organic flax fiber and is specially formulated for those with sensitive colons.

The natural ingredients in FiberSMART provide powerful relief for occasional gas, bloating, constipation and irritable bowel.* Added probiotics, L-glutamine, FOS and soothing herbs promote overall digestive health and help maintain a healthy balance of intestinal flora.* Fiber also helps to absorb and eliminate toxins from the digestive tract, making FiberSMART ideal for use during an herbal cleansing program.*

A diet rich in fruits, vegetables and whole grains provides an approximate ratio of 25-35% soluble fiber and 65-75% insoluble fiber. FiberSMART contains this natural ideal ratio of fibers.

FiberSMART - Powder Available in 8oz & 12oz

Supplement Facts		
Serving Size: 1 Scoop (7.5g)		
	Amount per Serving	%DV**
Calories	30	
Calories from fat	8	
Total Fat	0.5 g	1%
Total Carbohydrate	3 g	1%
Dietary Fiber	3 g	12%
Soluble Fiber	1 g	***
Insoluble Fiber	2 g	***
Protein	2 g	4%
FiberSMART Blend	7,500 mg	
Organic Flax seed		***
Guar Gum seed		***
L-Glutamine		***
FOS (Fructooligosaccharide)		***
Probiotic Blend		***
(L.acidophilus, B.bifidum, B.infantis)	900 million CFU†	
Fennel seed		***
Marshmallow root		***
Slippery Elm bark		***
Triphala (Blend of Amalaki, Bibhitaki and Haritaki)		***
Stevia Extract leaf		***

** Percent Daily Values (DV) are based on a 2,000 calorie diet.
*** Daily Value not established †At time of manufacture
Not a significant source of saturated fat or cholesterol.

Other Ingredients: None
This product may contain mild traces of milk proteins from fermentation ingredients.

Directions: Take one scoop in 8 ounces of water or juice in the morning. May be repeated at midday and in the evening. Drink plenty of water while using this product.

WARNING: Consult your physician before using this or any product if you are pregnant, nursing, trying to conceive, taking medication or have a medical condition. **Notice:** Using this supplement without at least a full glass of liquid may cause choking. Do not use this supplement if you have difficulty in swallowing, acute cough or obstructed bowel.

FiberSMART - Capsules Available in 120ct & 200ct

Supplement Facts		
Serving Size: 4 Capsules		
	Amount per Serving	%DV**
Calories	15	
Total Carbohydrate	2 g	1%
Dietary Fiber	1 g	4%
Soluble Fiber	.25 g	***
Insoluble Fiber	.75 g	***
Protein	1 g	2%
FiberSMART Blend	3,200 mg	
Organic Flax seed		***
L-Glutamine		***
Guar Gum seed		***
FOS (Fructooligosaccharide)		***
Probiotic Blend		***
(L.acidophilus, B.bifidum, B.infantis)	400 million CFU†	
Fennel seed		***
Marshmallow root		***
Slippery Elm bark		***
Triphala (Blend of Amalaki, Bibhitaki and Haritaki)		***

** Percent Daily Values (DV) are based on a 2,000 calorie diet.
*** Daily Value not established †At time of manufacture

Other Ingredients: Vegetable capsule (vegetable fiber and water)
This product may contain mild traces of milk proteins from fermentation ingredients.

Directions: Take 4 capsules in the morning with 8 oz. of water. May be repeated at midday and in the evening. Drink plenty of water while using this product.

WARNING: Consult your physician before using this or any product if you are pregnant, nursing, trying to conceive, taking medication or have a medical condition. **Notice:** Using this supplement without at least a full glass of liquid may cause choking. Do not use this supplement if you have difficulty in swallowing, acute cough or obstructed bowel.



8oz



12oz



120 Caps



200 Caps



FiberSMART was formulated by Brenda Watson, C.N.C., president of ReNew Life Formulas and the founder of natural healthcare clinics specializing in internal cleansing and detoxification.

*This statement has not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.



198 Alt. 19 South • Palm Harbor, FL 34683-5540 • phone: 1-800-830-1800
fax: 1-866-594-5468 • www.renewlife.com • email: support@renewlife.com