



CONSTIPATIONSTOP

A Potent Herbal Laxative Formula that Helps Relieve Occasional Bouts of Constipation Safely & Effectively*

- Fast-Acting Natural Formula
- Gently Stimulates a Sluggish Colon*
- Helps Relieve Occasional Constipation*
- Promotes Daily, Healthy Bowel Movement*
- Soothing Herbs & Beneficial Minerals
- No Harsh Herbs Like Senna or Cascara Sagrada

Do You Have Occasional Constipation?

Sometimes in day-to-day life, or even while taking an internal cleanse, you may experience occasional constipation. Constipation is defined as having hard, dry stools that are difficult to pass, with side effects that may include gas and abdominal cramping. Often the result of poor diet and lifestyle habits, a constipated colon may also be caused by something as simple as a change in daily routine. If not addressed properly, occasional constipation may lead to more serious health problems over time.

Natural health experts agree that having 2 to 3 well-formed bowel movements daily is healthiest for the body. **ConstipationSTOP** is a fast-acting natural laxative formula made with beneficial herbs and minerals to gently stimulate and hydrate a sluggish colon to ensure regular, healthy elimination.*



ConstipationSTOP was formulated by Brenda Watson, C.N.C., president of ReNew Life Formulas and the founder of natural healthcare clinics specializing in internal cleansing and detoxification.

ConstipationSTOP includes:

Magnesium: Helps to draw water into the bowel; hydrates and softens stools, making them easier to pass.*

Cape Aloe and Rhubarb: Gentle, bowel-stimulating herbs that promote peristalsis (the natural muscle contractions that move food through the intestines).*

Marshmallow, Okra, Slippery Elm: Herbal ingredients that help soothe and lubricate the bowel, as well as support a healthy intestinal lining.*

Buckthorn: A natural stool softener.*

Supplement Facts

Serving Size: 2 Capsules		Servings per Container: 30	
		Amount per Serving	%DV**
Magnesium (as magnesium hydroxide)		230 mg	58%
Constipation STOP Blend		1,100 mg	
Cape Aloe leaf			***
Rhubarb root			***
Buckthorn bark			***
Okra herb			***
Marshmallow root			***
Slippery Elm bark			***

** Percent Daily Values (DV) are based on a 2,000 calorie diet.
*** Daily Value not established

Other Ingredients: Vegetable capsule (vegetable fiber and water)

Directions: Take 2 capsules in the evening before bed. Drink plenty of purified water while using this product.

WARNING: Do not use this product if you are pregnant or nursing. Consult your physician before using this or any product if you are trying to conceive, taking medication or have a medical condition. Not for prolonged use. Do not exceed recommended dose. **Notice:** This product contains rhubarb, buckthorn and cape aloe. **DO NOT USE IF YOU HAVE OR DEVELOP ABDOMINAL PAIN, DIARRHEA OR LOOSE STOOLS.** Please read and follow instructions carefully.



*This statement has not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.